**Effective Mentoring of Students**

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The Content

* Definition of Mentoring
* What is your role as a mentor?
* What are the expectations from students?
* Effective communication with students
* Aligning expectations

Advantages

* Effective mentoring at the graduate and postdoctoral stages has been identified as an essential catalyst for:
  + Performance success and career advancement
  + Research productivity
  + Career commitment
  + Self-efficacy
  + Higher Graduation rates

Challenges

* Lack of formal training on effective mentoring
* Time and effort commitment
* Not always rewarded

Resources: references and relevant websites

1. Johnson, W. Brad. 2016. On Being a Mentor: A Guide for Higher Education Faculty. 2nd edition. Taylor & Francis.
2. Johnson, W. Brad and Charles Ridley. 2018. The Art of Mentoring; 75 Practices of Master Mentors. 3rd edition. St. Martin's Press. New York.
3. The National Academies [The Science of Effective Mentorship in STEMM - NCBI Bookshelf (nih.gov)](https://www.ncbi.nlm.nih.gov/books/NBK552772/)
4. Lab compact: [*http://www.aamc.org/gradcompact*](http://www.aamc.org/gradcompact)
5. UF / CALS individual development plans *(IDP):* <https://cals.ufl.edu/content/PDF/IDPyear1.pdf>
6. UF Multicutlure Mentor Program: <https://multicultural.ufl.edu/programs/ummp/>
7. International Mentoring Association <http://mentoringassociation.org/>
8. University of Michigan Rackham graduate school [http://www.rackham.umich.edu/faculty-staff/information-for-programs/academic-success/mentoring-advising](http://www.rackham.umich.edu/faculty-staff/information-for-programs/academic-success/mentoring-advising ) with a PDF on how to mentor graduate students <https://rackham.umich.edu/downloads/how-to-mentor-graduate-students.pdf>